



# Lethbridge Lifelong Learning Association

## PROGRAMS AND WORKSHOPS FUNDED IN Winter/Spring 2009

Part-time, non-credit adult learning opportunities in Lethbridge.  
For additional information contact the LLLA organizational members below.

### Community Issues

#### **Basic Computer Skills Training**

*Lethbridge Community Network*

**Contact:** Jim Campbell

**Phone:** 403-317-7799

**Email:** lcn@shaw.ca

#### **Exploring Arts for Special Needs Adults**

*Allied Arts Council of Lethbridge*

**Contact:** Claire McNab

**Phone:** 403-327-2813

**Email:** aacbac@shaw.ca

#### **Feelings are Energy: Energy Needs to Move Suicide Prevention Workshop**

*Lethbridge Family Services*

**Contact:** Karen Howe

**Phone:** 403-327-5724

**Email:** khowe@lethbridge-family-services.com

#### **Financial Literacy for Women**

*Womanspace Resource Centre*

**Contact:** Dorothy McKenna

**Phone:** 403-329-8338

**Email:** office@womanspace.ca

#### **First Aid for Vulnerable Citizens**

#### **Walking the Prevention Circle: Preventing**

#### **Violence & Abuse in Aboriginal Communities**

*Canadian Red Cross*

**Contact:** Matthew Miller

**Phone:** 403-327-7117

**Email:** matthew.miller@redcross.ca

#### **Introduction to ASL**

*Family Centre*

**Contact:** Crystal Elliott

**Phone:** 403-320-4232

**Email:** crystal.elliott@famcentre.ca

#### **Life Skills Program**

*John Howard Society of Lethbridge*

**Contact:** Lynne Harrold

**Phone:** 403-327-8202

**Email:** lethjhs@telus.net

#### **Orientation Classes for Citizenship**

*Southern Alberta Ethnic Association*

**Contact:** Lia Robinson

**Phone:** 403-320-1577

**Email:** saea@telus.net

#### **Stepping Away**

*Canadian Mental Health Association*

**Contact:** Deb Forsyth

**Phone:** 403-329-4775

**Email:** lethbridge.cmha@shaw.ca

#### **The Chat Room**

#### **YWise Women's Conference**

*YWCA of Lethbridge and District*

**Contact:** Kristine Cassie

**Phone:** 403-329-0088

**Email:** kcassie@ywcalethbridge.org

#### **The Travelling Circus**

*Schizophrenia Society of Lethbridge*

**Contact:** Diane Herrick

**Phone:** 403-327-4305

**Email:** ssoalethbridge@shaw.ca

### Training for Employment

#### **Soaring Hearts Project**

*Blackfoot Canadian Cultural Association*

**Contact:** Mary Ann Crow Healy

**Phone:** 403-327-6807

**Email:** mcrowhealy@blackfoot.ca

Lethbridge Lifelong Learning Association is funded by Alberta  
Advanced Education and Technology